



## Stool Withholding: What To Do When Your Child Wont Poo

By Sophia J Ferguson

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 94 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. At last we have a book for parents which focuses exclusively on stool withholding in children and how to overcome it. Inspired by the authors experience of this issue with her own son, this easy-to-understand guide gives detailed advice on every aspect of stool withholding including constipation, toilet training, laxative medication and soiling (encopresis). Stool withholding is most common in two to four year olds but it can also affect school-age children. It is often triggered by an episode of painful constipation. The child then becomes so terrified of experiencing this pain again that they hold on to their poo for days, even weeks, at a time. Just to add to the misery, stool withholding often causes children to soil their underwear. This bewildering problem can sometimes feel like a form of daily torture, not just for the child but for the whole family. Unless youve experienced this nightmare with your own child, its impossible to imagine just how distressing it can be. After reading this, parents will have a straightforward plan of action, with lots of tips and strategies...

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