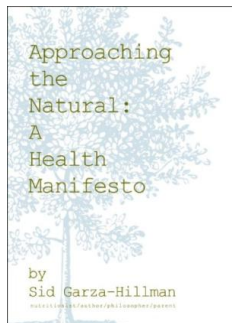


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## APPROACHING THE NATURAL: A HEALTH MANIFESTO



Cameron & Company Inc. Paperback. Book Condition: new. BRAND NEW, Approaching the Natural: A Health Manifesto, Sid Garza-Hillman, Biz Stone, Sid Garza-Hillman, nutritionist, philosopher, actor, and musician introduces his original philosophy of health. Sid's philosophy is simple: the closer the human species moves by degrees to its natural design, the healthier and therefore happier it will be. In the years he has been a practicing nutritionist and health coach, Sid has honed an approach that makes achieving health and happiness...

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