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Best of Traditional Scottish Cooking: More Than 60 Classic Step-by-step Recipes from the Varied Regions of Scotland

By Christopher Trotter, Carol Wilson

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Best of Traditional Scottish Cooking: More Than 60 Classic Step-by-step Recipes from the Varied Regions of Scotland, Christopher Trotter, Carol Wilson, This book lets you explore the time-honoured culinary traditions of Scotland with this collection of over 60 authentic recipes. It includes a guide to seasonal ingredients from the mountains, moors, forests, seas, rivers and lochs. The chapters cover the full range of courses, from hearty breakfasts, sustaining soups and traditional mains to seasonal side dishes, delectable desserts and classic cakes. It features over 250 step-by-step colour photographs, as well as a variety of cook's tips and variations to help you achieve perfect results every time. Complete nutritional notes are provided for every recipe. This book celebrates the culinary heritage of Scotland with an exploration of the seasonal ingredients and a collection of more than 60 authentic recipes. After a brief introduction on the history of Scotland and Scottish cooking, this book takes a look at the various ingredients that are produced and cooked in Scotland, from fish, shellfish, meat and game to fruit, vegetables, dairy products and drinks. The main part of this book features a selection of over 60 recipes,...



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