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The Sports Medicine Resource Manual (Paperback)

By Peter H. Seidenberg, Anthony Beutler

Elsevier Health Sciences, United Kingdom, 2008. Paperback. Condition: New. Language: English . Brand New Book. Written by primary care sports medicine physicians, The Sports Medicine Resource Manual is the one musculoskeletal textbook that is ideally suited for family medicine and sports medicine providers. Chapters on physical exam and diagnosis are carefully integrated with sections on rehabilitation and management-including a complete guide to procedural skills such as casting, injections, compartment testing, running shoe prescriptions and more. In this conveniently sized volume, sports medicine physicians, orthopedists, emergency medicine physicians, physical therapists, pediatricians, team physicians, athletic trainers, and others share their expertise on everything from diagnosis and proper rehabilitation of musculoskeletal pain to field sidei¿1/2 coverage and acute management of the injured athlete. Designed as both a tutorial and a trusted reference, this easy-to-reference resource will provide you with expert guidance for years to come.Integrates sports medicine diagnosis and management with procedural skills, making this a one-stop reference for outpatient sports and musculoskeletal medicine. Features expert guidance from multiple medical disciplines, providing you with well-rounded coverage from various perspectives. Includes evidence-based guidelines and ratings, wherever available, ensuring you have the best clinical knowledge to deliver the best possible outcomes. Emphasizes rehabilitation of soft tissue...



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