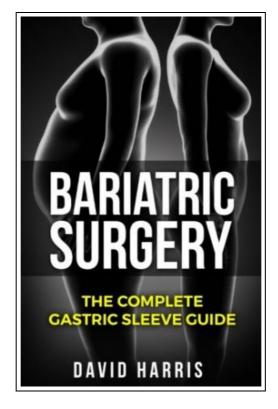
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BARIATRIC SURGERY: THE COMPLETE GASTRIC SLEEVE GUIDE (PAPERBACK)



Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are You or a Loved One Considering Gastric Sleeve Surgery? This book is a collaboration between the author and a bariatric surgery patient s first-hand, and very personal account of the experience. It is comprehensive: From researching gastric sleeve surgery, to guiding you through the entire process as experienced by a former patient whose detailed accounting paints a reliable picture of pre- and post-op expectations. The benefits of bariatric surgery are immense. So many mid- to late-life health problems stem from medical complications due to excess weight. From diabetes and heart disease, to increased risks of cancer, the truth is clear: Being overweight is simply not a healthy lifestyle. In addition to physical ailments, there is the significant mental toll to consider. Depression and anxiety are highly correlated with obesity and these psychological issues often go untreated through either patient ignorance or denial. Contemporary gastric sleeve surgery serves the primary function of aiding a patient to lose weight by reducing the total size of their stomach. The degree of reduction varies, but in extreme cases it can be up to eighty five percent. The end result is that the patient is physically unable to ingest as much food, but there is a far more important change that takes place. The procedure also reduces the production of ghrelin, a hormone that stimulates hunger. Ghrelin reduction yields a suppressed craving for food to further promote weight loss. This book serves as a comprehensive guide for those considering bariatric gastric sleeve surgery for themselves, or for those who have already been approved for the procedure. If you are not undertaking bariatric surgery yourself, then the book serves as a research tool and aid to...



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